

The Harmless bio

Short

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Full

Energetic, progressive, and melodic, The Harmless delivers a satisfying rock sound which invites audiences to jump and scream along before heading home with a dopamine rush.

Their powerful vocals and catchy riffs make for fun, high-energy shows, while their technical skill leaves dedicated rock fans wanting more. The Harmless is built for fostering connections, exploring unique styles of music and performance, and packing layers of meaning into melodies you can't help but keep humming for days after the show.

The Harmless is a project by musicians Hugo Kruis [vocals and bass], Joost van Beek [drums] and Steven de Leeuw [guitar], who have been sharing a stage for years in various Formations. They decided to put a band together themselves when they made the unexpected discovery that their bassist can sing. With one bass string too many and a meticulously tuned drumkit, their well-practised, easy coordination makes them a joy to watch on stage together.